

# Sensory Treasure Hunt Activity

In recognition of World Sight Day, why not treat your residents to this fun sensory activity. All you need is:

- Some sawdust or oats to fill a large bowl or tub.
- Selection of household objects (teaspoon, cork, dummy, large button, shell, pine cone, jigsaw piece etc)

Each resident places their hands in the mix and tries to identify all the objects (get them to whisper to someone who can write the answers down).

Game is suitable for people of all abilities and can be used as a starter activity leading to further discussions.

Hint: objects could be themed ie: garden, childhood, men's tools, cooking etc.



For more information on this and other help for people with a sight impairment go to: [www.rnib.org.uk](http://www.rnib.org.uk)