

# Valentine Lunch Activity

**Celebrate Valentine's Day by making heart-shaped toast to brighten up someone's day. Why not break an egg into the space (see below) to make a themed lunch?**

**Why not turn it into an extended activity by discussing how/where people met their loved one. Was it love at first sight? Or did the relationship take a long time to blossom? Where did they go on their first date and were there any embarrassing moments?**

**Encourage participants to maybe draw a portrait of their loved one and talk about any features they particularly liked. Encourage them to add other details like hobbies/likes and dislikes of their loved one.**

**Extend the theme by maybe asking participants which famous person they had/have a crush on and why!**

